

Staphylea - Growing Guide

Growing Staphylea

Commonly known as 'Bladder-Nuts'

Staphylea are superb bushy (sometimes multi-stemmed) deciduous shrubs that mature eventually into small trees. Species of Bladder-Nut originate from right across the northern hemisphere and are totally hardy. *S. pinnata* is European; *S. colchica* is from the Caucasus, *S. holocarpa* is Chinese, *S. trifoliata* and *S. bolanderi* are North American.



Staphylea coulombieri



Staphylea elegans



Staphylea holocarpa with seeds.

All species have dainty pinnate leaves with three, five or seven leaflets, and

As children we used to collect these 'Chinese lanterns' as we called them and pop them to extract the seeds. If stored over winter these germinate quickly in the spring. We have a detailed article on [how to collect and store seeds](#) if you are interested in learning more.

S. bumalda grows to 3-6ft (more in Cornwall) and has three leaflets.



Staphylea bumalda



Staphylea bumalda



Staphylea bumalda



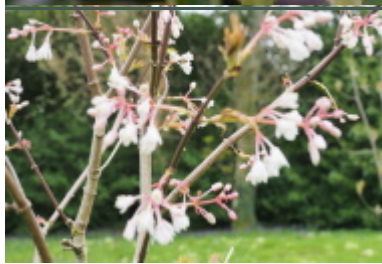
Staphylea trifolia



Staphylea colchica



Staphylea colchica



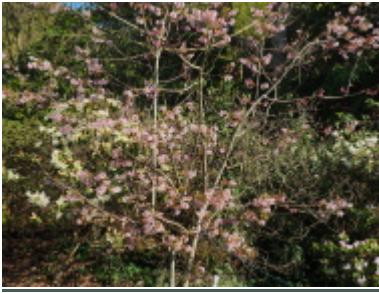
Staphylea holocarpa
white form



Staphylea holocarpa
white form



Staphylea holocarpa
white form



Staphylea holocarpa
'Rosea'



Staphylea holocarpa
'Rosea'



Staphylea holocarpa
'Rosea'



Staphylea holocarpa
'Innocence'



Staphylea holocarpa
'Innocence'



Staphylea holocarpa
'Innocence'



Staphylea pinnata



Staphylea pinnata



Staphylea pinnata



Staphylea trifolia



Staphylea trifolia



Staphylea trifolia

Staphylea Holocarpa 'Rosea' - Video Tip

View this video on Youtube here <https://www.youtube.com/tmO04lybTXY>

Removing Shoots Below Graft - Video Tip

View this video on Youtube here <https://www.youtube.com/XGYNkALk7Ms>

Further Reading

More can be read about Staphylea on the [Caerhays](#) website:

[Staphylea at Caerhays - July 2019, by Charles Williams.](#)

Or on the [Caerhays Garden Diary](#) .

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