

## Ballota - Care Guide

### Caring For Ballota Pseudodictamnus

#### Shrubby Horehound

This is a mound forming subshrub from Greece, Crete and Turkey. The lime green leaves are scalloped and heart shaped with a woolly indumentum. This is essentially a ground covering perennial which produces small, two lipped, pale green flowers in open funnel-shaped green calyces from mid to late summer at the end of each shoot.

This plant is attractive for its foliage effect as well as for its flowers. After flowering prune off the old flower heads and a little of the shoots to shape the plant and encourage a good show next season.

*B. pseudodictamnus* may get hit in a cold winter so a few easily rooted softwood cuttings in early summer are a wise precaution. The plant can get straggly after a few years so it may be best to start it off again from time to time anyway. It grows best in full sun in poorish but free draining soil.



*Ballota pseudodictamnus*



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**Burncoose Nurseries: Gwennap, Redruth, Cornwall TR16 6BJ**

Telephone: +44 (0) 1209 860316 Fax: +44 (0) 1209 860011 Email: [info@burncoose.co.uk](mailto:info@burncoose.co.uk)

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