

## Helleborus - Growing Guide

### Growing Helleborus

Commonly known as 'Hellebore'

There are 15 separate species of hellebore which originate from woodland and scrub in central and southern Europe. Many of them come from chalk or limestone soils which makes them universally popular in all UK gardens including those who garden on chalk here.

Hellebores have many common needs and requirements. They are rhizomatous plants which are either clump forming and deciduous (most species) or almost shrub-like with leafy biennial stems (*H. argutifolius*, *H. foetidus*). Their flowers appear in winter or early spring on upright stalks of 18in or so in height and are in a range of colours but principally white, cream or green although they can also be black, blue-black, pink, yellow or red and some with spots.



*Helleborus argutifolius*



*Helleborus argutifolius*



*Helleborus foetidus*



Helleborus foetidus



Helleborus 'Anna's Red'



Helleborus 'Angel Glow'



Helleborus 'Yellow Lady'



Helleborus 'Ruby Glow'

All the hellebores which we grow will tolerate heavy or loamy neutral to alkaline soil in sun or dappled shade. Actually these plants seem to do best in those parts of the garden where little else grows well which generally means dampish and shady without the best soil.

They do however relish being planted with a good dollop of dung or leafmould in the planting pit. Annual mulching with leaf mould when they are dormant in the autumn helps to feed the plants and encourage the clumps to expand. They dislike very dry or waterlogged soils and prefer shelter from cold winds.

The great leap forward in recent years has been the arrival of many new colourful cultivars of *H. orientalis*, the 'Lantern Rose', and other inter-specie hybrids. This has meant that there is now much more demand for these plants and much more colour choice.



The main pests of helleborus are slugs and snails although they are generally vigorous enough to grow through most damage.

Images to follow

### **Hellebore Care - Video Tip**

View this video on Youtube here <https://www.youtube.com/ToWx-oYnt1c?rel=0>

### **Favourite Hellebores - Video Tip**

View this video on Youtube here <https://www.youtube.com/ngvtsJSICrk>

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