

Rhodiola - Growing Guide

Growing Rhodiola Rosea

Roseroot, Golden root

Unusually, for a clump forming, rhizomatous perennial plant, Rhodiola are usually dioecious in that male and female flowers normally appear on separate plants. *R. rosea* is however an exception and has male and female flowers on the same plant. This species of Rhodiola, unlike some others, is however a perfectly hardy plant when grown in a sunny rock garden or perhaps in hot, dry, sunny conditions in a border in front of a wall.

The other named used for this plant is *Sedum rosea* which gives guidance both as to what it looks like and how it will perform in a herbaceous border.

R. rosea has purple stems bearing fleshy grey-green leaves with red tinted tips. In summer it bears dense, terminal, corymbs of male and female yellow-green flowers which open from slightly pink buds.

Its rhizomatous root clumps are best divided in the spring and leaf cuttings root very easily in summer.



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