

## Salvia - Growing Guide

### Introduction To Salvia

#### *Sage*

Salvias come in many shapes and sizes and have varying degrees of hardiness. Some are shrubs, others are smaller growing subshrubs, and many are herbaceous perennials. The varieties which Burncoose offers are not annual or biennial varieties and all are capable of being grown outdoors in milder areas of the country. Elsewhere, and to preserve the plants, softwood cuttings should be grown and overwintered in the greenhouse in case a cold winter wipes out the more tender outdoor sages.

Most sages have aromatic foliage, and some have culinary uses. We have split the sages which we offer into different categories to make it easier for you to make a choice of the many different varieties in line with what you want or need in your own garden.

### Hardy Subshrub Herbs

*S. officinalis*, or common sage, is a popular culinary herb which grows to about 2-2½ft in height with a similar spread. These are evergreen plants which can take a bit of a battering in a cold winter but will readily survive. They come in a range of leaf colours and are therefore suitable as edging plants in a border or herb garden.

*S. officinalis* 'Albiflora' has pure white flowers.



*S. officinalis* 'Icterina'



*S. officinalis*  
'Purpurescens'



*S. officinalis*  
'Purpurascens'



*S. officinalis*  
'Purpurascens'



*S. officinalis* 'Tricolor'



*S. officinalis* 'Tricolor'

These plants will need light pruning to keep them in shape

*S. convertiflora*, red velvet sage, is on the tender side, but grows to around 3-4ft in height with long spikes of orange-red flowers in summer.

*S. x jamensis* 'Hot Lips' is a bushy shrub growing 2-3ft with a similar spread. It makes a wonderful shrub in a patio container here with its two-tone white and red flowers long into autumn.



Salvia 'Hot Lips'



Salvia 'Hot Lips'



Salvia 'Hot Lips'



*S. x jamensis*  
'Nachtvlinder'



*S. x jamensis*  
'Nachtvlinder'

S. 'Royal Bumble' has bright red flowers on deep purple stems. This one ha



Salvia 'Royal Bumble'



Salvia 'Royal Bumble'

S. 'Dysons Joy' is a bicoloured variety with white-tinged pink flowers before a pinkish-red calyx.



Salvia 'Dyson Joy'



Salvia 'Dyson Joy'



Salvia 'Ember Wish'



Salvia 'Ember Wish'



These sages are perfectly hardy if cut back in winter and treated as 'normal perennials'

*S. argentea* is a rosette forming perennial (although it can be a short-lived biennial) producing many branched terminal panicles of white or pinkish white flowers with long grey calyxes. Grows to 3ft.



*Salvia argentea*



*Salvia bulleyana*



*Salvia bulleyana*



*Salvia bulleyana*



Salvia bulleyana



Salvia nemorosa



Salvia nemorosa



Salvia nemorosa  
'Caradonna'



S. nemorosa  
'Ostfriesland'



S. nemorosa  
'Ostfriesland'



*S. nemorosa* 'Pink Beauty'



*S. nemorosa* 'Pink Beauty'

*S. sylvestris* 'Schneehugel' has spikes of white flowers with green bracts.



*S. sylvestris* 'Schneehugel'



*S. sylvestris* 'Schneehugel'



*Salvia turkestanica*



*Salvia turkestanica*



*Salvia turkestanica*



Salvia turkestanica



Salvia ulignosa



Salvia ulignosa

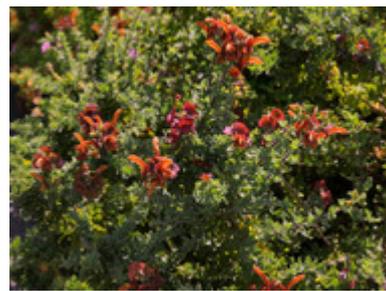
*S. africana-lutea* (*S. aurea*), the beach or golden salvia, has grown into a 4-5ft rounded evergreen shrub with peculiar scalloped and wrinkled leaves at Ventnor Botanic Garden in the Isle of Wight. Very few other places in the UK could grow this attractive and peculiar species outside. From summer to autumn, it has terminal racemes of golden brown to red-brown or mauveish flowers fronting bell-shaped purple tinted calyxes. It grows in the wild in sandy places in the South African capes.



*S. africana-lutea*



*S. africana-lutea*



*S. africana-lutea*

---

**Burncoose Nurseries: Gwennap, Redruth, Cornwall TR16 6BJ**

Telephone: +44 (0) 1209 860316 Fax: +44 (0) 1209 860011 Email: [info@burncoose.co.uk](mailto:info@burncoose.co.uk)

© Burncoose Nurseries 1997 - 2024