BURNCOOSE NURSERIES

PART OF THE CAERHAYS ESTATE

Staphylea - Growing Guide

Growing Staphylea

Commonly known as ‘Bladder-Nuts’

Staphylea are superb bushy (sometimes multi-stemmed) deciduous shrubs that mature eventually into small trees. Species of Bladder-Nut originate from right across the northern hemisphere and are totally hardy. S. pinnata is European; S. colchica is from the Caucasus, S. holocarpa is Chinese, S. trifoliata and S. bolanderi are North American.

Staphylea coulombieri

Staphylea elegans

Staphylea holocarpa with seeds.

All species have dainty pinnate leaves with three, five or seven leaflets, an

As children we used to collect these ‘Chinese lanterns’ as we called them and pop them to extract the seeds. If stored over winter these germinate quickly in the spring. We have a detailed article on how to collect and store seeds if you are interested in learning more.

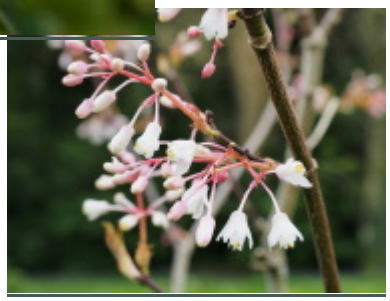
S. bumalda grows to 3-6ft (more in Cornwall) and has three leaflets.

Staphylea bumalda

Staphylea bumalda

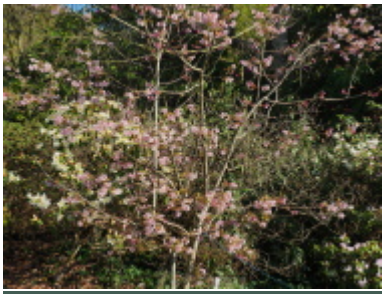
Staphylea bumalda

Staphylea holocarpa white form



Staphylea holocarpa white form

Staphylea holocarpa white form



Staphylea holocarpa 'Rosea'

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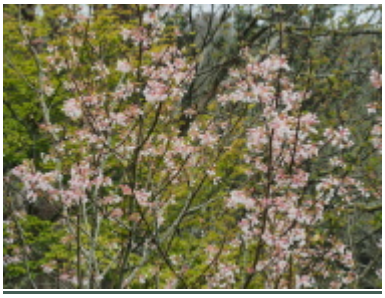
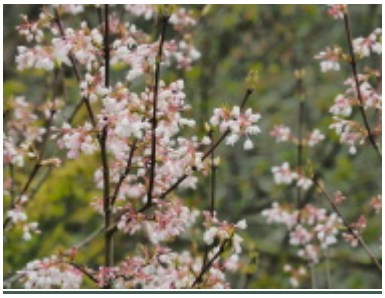


Staphylea holocarpa 'Innocence'

Staphylea holocarpa 'Innocence'



Staphylea holocarpa 'Innocence'

Staphylea pinnata

Staphylea pinnata

Staphylea pinnata

Staphylea trifolia

Staphylea trifolia

Staphylea trifolia

Staphylea Holocarpa 'Rosea' - Video Tip

View this video on Youtube here https://www.youtube.com/tmO04lybTXY

Removing Shoots Below Graft - Video Tip

View this video on Youtube here https://www.youtube.com/XGYNkALk7Ms

Further Reading

More can be read about Staphylea on the Caerhays website:

Staphylea at Caerhays - July 2019, by Charles Williams.

Or on the Caerhays Garden Diary .

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